

WE CARE



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KNEE

**ARTHROSCOPY**

## What is Arthroscopy?

- Arthroscopy means to look into the joint to diagnose to treat injuries and other ailments of knee.
- It's a minimally invasive procedure.
- It involves inspecting knee structure with a small device with lens into a knee joint called arthroscope.

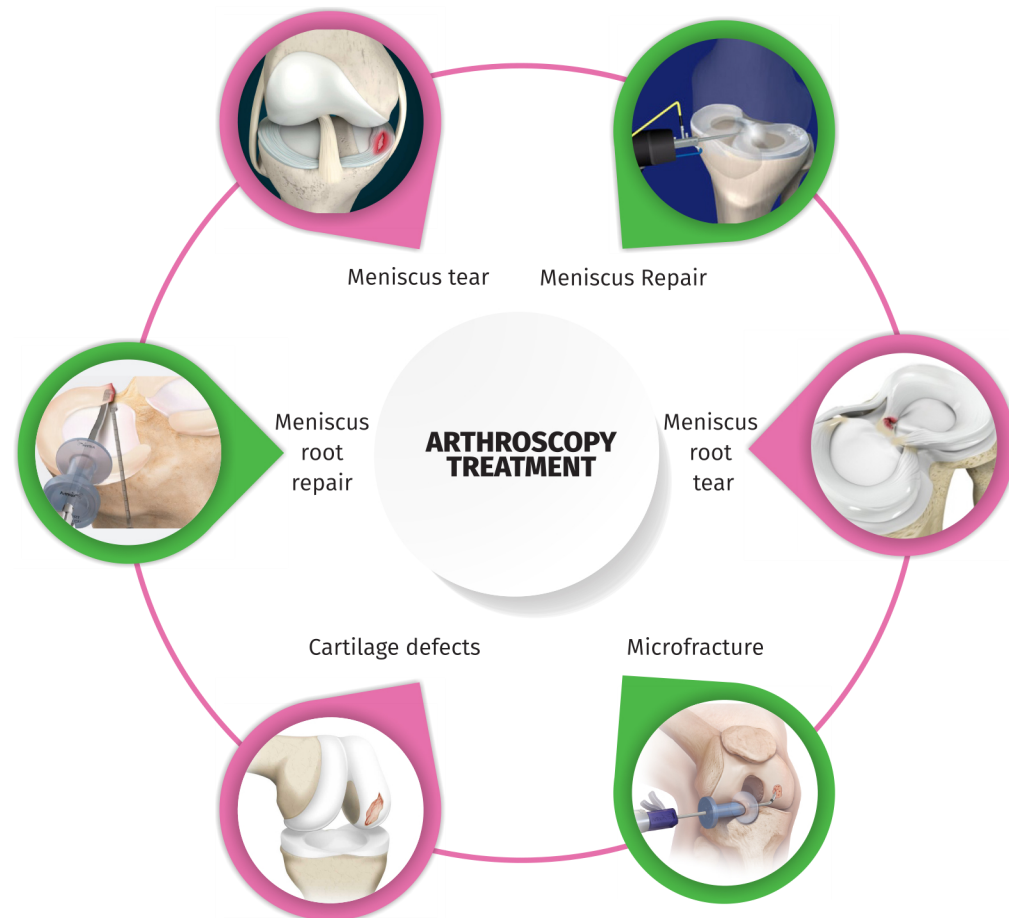
## Key Hole Surgery

A pencil-thin scope is inserted in the knee joint through a small cut (Size of a key hole). A camera with a light source is then attached to enable to see inside of the knee joint.

The camera projects an image of the joint onto a TV monitor and gives a magnified view of the knee joint structure

## Benefits of Arthroscopy:

- Minimally invasive
- Key hole surgery
- Day care procedure
- Faster rehabilitation
- Quicker recovery to functional activities
- Risk of infection is less
- Post-surgery morbidity is less



## Indications:

- Meniscal Tears
- Ligament Injuries – ACL/PCL
- Cartilage Injuries
- Loose bodies inside joint
- Internal derangements of knee
- Cyst inside the knee joint
- Plica Syndrome
- Synovitis
- Patella Instability
- Patellar clunk syndrome

